## PREVENTION OF BLOOD BORNE PATHOGEN EXPOSURE

- 1. Wash hands prior to beginning shift and when ending shift
- 2. Change gloves with each patient
- 3. Handle waste properly. Use RED BIOHAZARD CONTAINERS for dirty sharps and REGUALR TRASH CANS for used gauze, bandaids and alcohol wipes.
- 4. Clean spills with germicidal wipes wearing gloves; place that refuse in biohazard container

**Definition of regulated waste**: liquid or semi-liquid or other potentially infectious materials; contaminated items that would release blood or other potentially infectious materials in a liquid or semi-liquid state if compressed; items caked with dried blood or other potentially infectious materials and are capable of releasing these materials during handling; contaminated sharps; an pathological and microbiological wastes containing blood and other potentially infectious materials.

## PROTOCOL FOR TREATMENT FOLLOWING BLOOD AND OR BODY FLUID EXPOSURES

**Definition of blood or body fluid exposure**: a percutaneous injury (*needlestick or cut with a sharp object*), contact with mucous membranes, or contact of skin (*particularly when exposed skin is chapped, abraded, or afflicted with dermatitis or contact is prolonged and extensive*) with blood, tissues, or other body fluids. Potentially infectious bloody fluids include blood, bloody fluids, semen, vaginal secretions, cerebrospinal fluid, synovial fluid, pleural fluid, peritoneal fluid, pericardial fluid and amniotic fluid.

- 1. Clean wound with soap and water
- 2. LABS MUST BE DRAWN ON THE SOURCE PATIENT IMMEDIATELY at bloodborne pathogen exposure station (*Roanoke City Health Dept*)
  - Order exposure panel on a down time form (done at Carilion Clinic)
  - Get source name, phone number and address.
- 3. Notify the nursing supervisor
- 4. Fill out employee event form ONLY if Carilion Employee
- 5. Report to bloodborne pathogen exposure station/Mission of Mercy medical director.
- 6. If exposure is determined by medical director, proceed to Carilion Clinic emergency room for further evaluation and treatment.

If Carilion Employee; post exposure counseling is provided thru Employee Health, Occupational Medicine, or the Infectious disease Physician. Follow up with the Worker's Compensation office is required.

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*If* **NOT Carilion Employee**; *follow up with your doctor for post exposure counseling.* 



