

Brushing Up: Online Dental Games

Attack of the Plaque Monsters (ages 7+)

Using your keyboard, help Dr. Rabbit shoot toothpaste at a descending army of Plaque Monsters to stop them from causing damage to the teeth.



Toothman (ages 7+)

Choose letters to solve the secret word. If you spell the secret word before the Plaque Monster reaches you, you save the teeth and defeat the Plaque Monster.

TOOTHMAN!

s m _ l e



B D F G H I J K N O P Q R S T U V W X Y Z

Guess What? (ages 7+)

Using your mouse, click on a tooth to learn a fun fact or tidbit. But beware...hiding behind one of the teeth is a Plaque Monster ready to say ARGHHHH!!!



Tooth Fun Facts:

Originally, the bristles of a toothbrush were made from the hair of a cow or hog.

Brushing Timers

Brush DJ (all ages)

Brush DJ makes brushing your teeth fun and effective! This award winning app plays 2 minutes of music, taken at random or from a playlist, from your devices music library and has a visual display showing where to brush. It also has reminders built-in to tell you, for instance, to change your toothbrush or toothbrush head every 3 months. Finally brushing becomes less boring!

Cost: Free
Devices: Android and iOS

Time2Brush (ages 7 and under)

With Time2Brush, you can dance and hum your way to better oral care! This app features a dab of toothpaste named Nurdle who will show you fun and effective ways to brush your teeth. A catchy song is played while a 2 minute timer counts down. After each complete brush, you'll earn points that can be used to buy cool gear to dress up your very own Nurdle.

Cost: Free
Devices: iOS

For links to download these apps or for more information, please visit
<http://www.vhcf.org/who-and-how-we-help/dental/brushingup/>