



**VIRGINIA
HEALTH CARE
FOUNDATION**

A PLAYBOOK TO CONNECT STUDENT ATHLETES TO HEALTH COVERAGE



This project is supported by the US Centers for Medicare and Medicaid Services (CMS) and was completed in partnership with the Virginia Department of Education.



REMOVING ONE OF THE BIGGEST BARRIERS TO PARTICIPATION IN SCHOOL ATHLETICS

**Your impact extends beyond the
playing field when you connect
students to FAMIS and FAMIS Plus -
Virginia's state sponsored
child health insurance programs.**





✓ CHECK FOR UNDERSTANDING

- ✓ Do you know how to help a student who is uninsured get health insurance?
- ✓ What are the FAMIS programs?
- ✓ What keeps people from applying for FAMIS programs?
- ✓ Who is eligible?
- ✓ Who can apply for a student?
- ✓ Do these programs provide high quality health care?
- ✓ How much do the FAMIS programs cost?
- ✓ What are the ways to apply?
- ✓ Does enrollment have to be renewed annually?
- ✓ Where can I go to learn more?
- ✓ Where can families go for help?



Health for success

Students *With* Health Insurance:

- Miss less school and are more likely to graduate
- Have a regular medical provider and can readily access treatment for conditions like ear infections & asthma and get preventive care, like annual check ups and vaccinations



Source:
Kaiser Family Foundation, 2014
National Bureau of Economic Research, 2014



Eligibility for the Famis programs

Who is Eligible?

- Students under 19 attending your schools.
- Virginia residents and US citizens or qualified legal immigrants.
- Families whose income is within the FAMIS programs limits.

**A family of 4 can make as much as
\$51,455 per year and
the children still qualify.**

