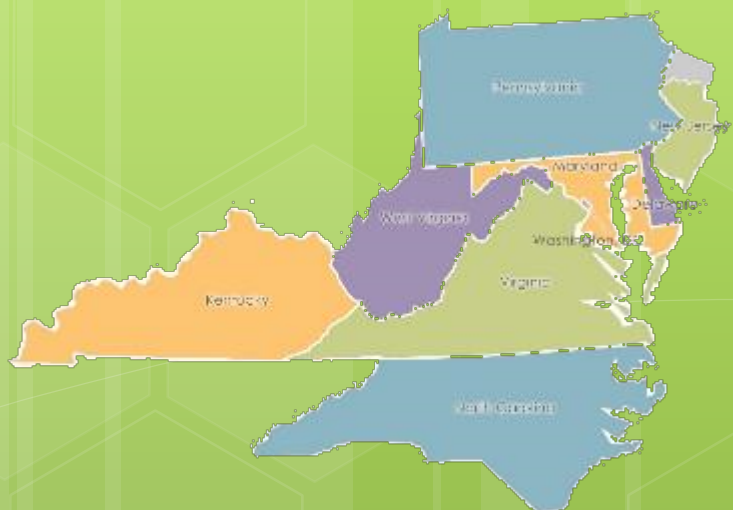




Mid-Atlantic
Telehealth
Resource Center



Serving Delaware, Kentucky,
Maryland, New Jersey, North
Carolina, Pennsylvania, Virginia,
Washington DC and West Virginia

Virginia Health Care Foundation Mental Health Roundtable

August 7, 2019

Telebehavioral Health

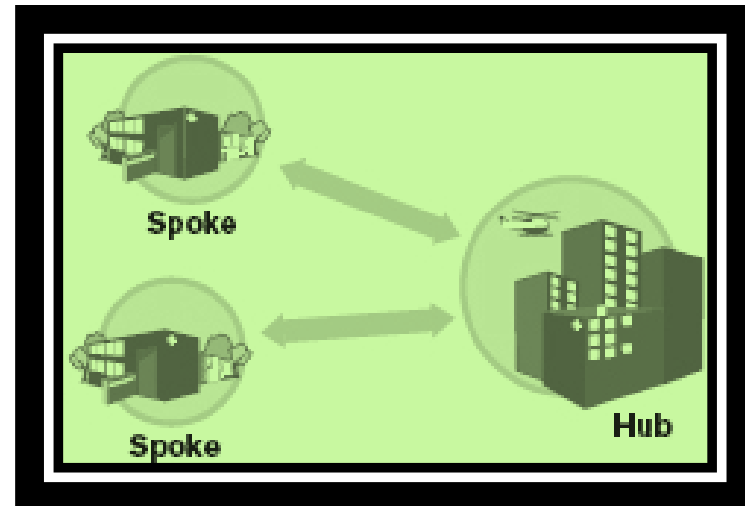
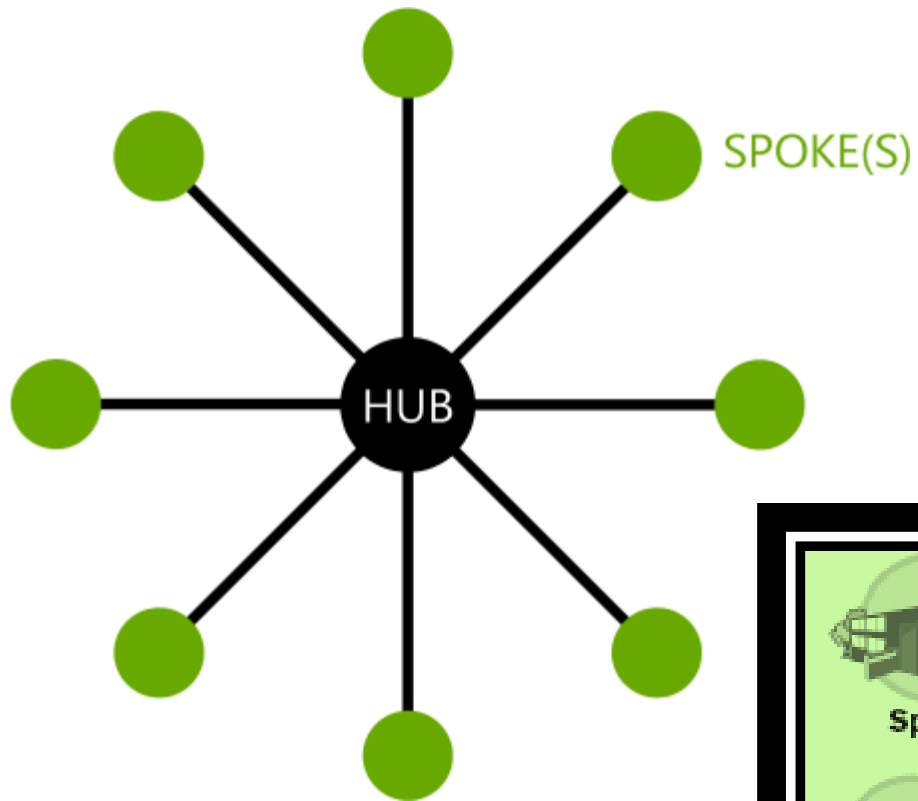


What Is It?

A mechanism for enhancing health care, public health, health administration and health education delivery and support, using electronic communication and information technology.

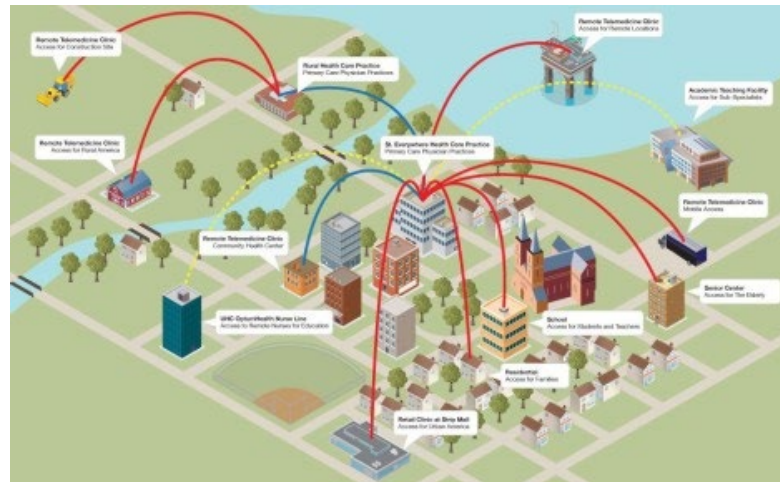
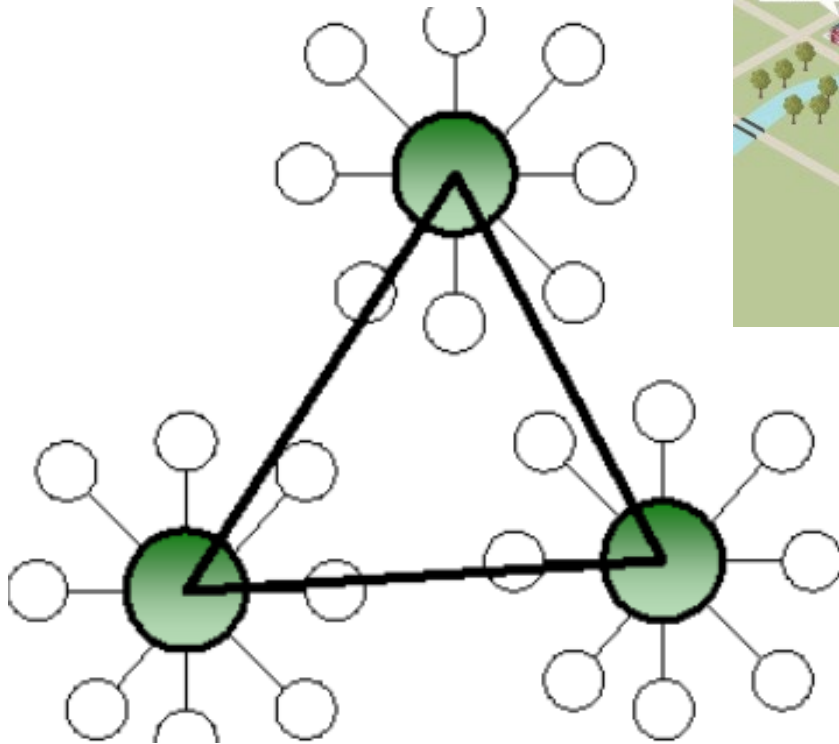


It Looked Like This

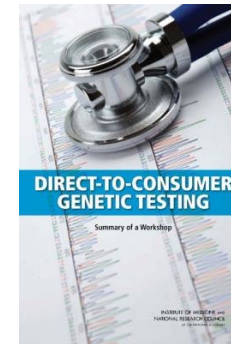


Things Changed

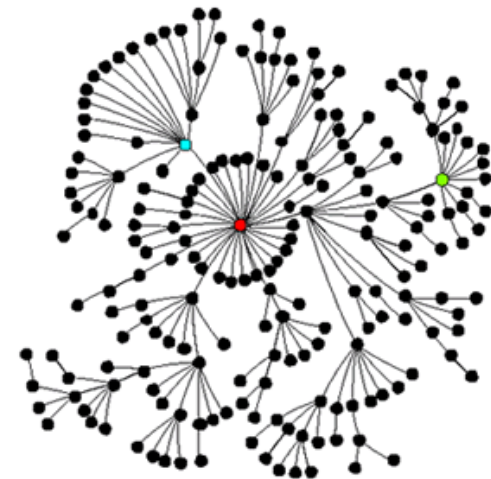
It Now Looks Like This



It Is Moving To This



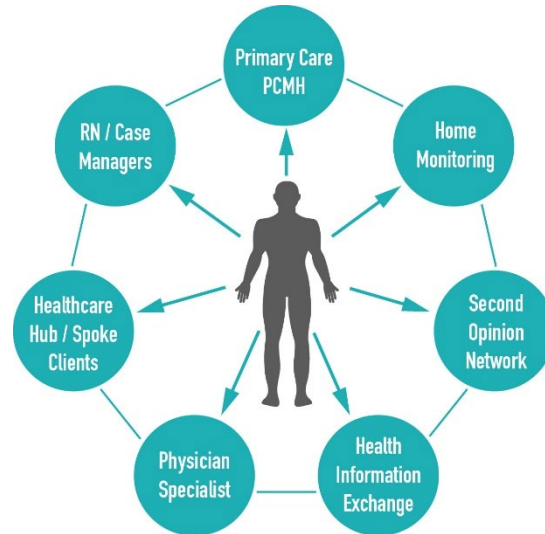
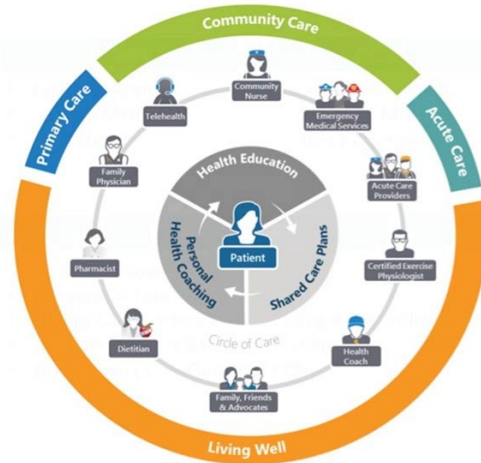
Growing Telehealth Options – On-Demand Medicine



Source: THINK-Health curated list of telehealth companies, 24 September 2015

...It Will Soon Look Like This!

Connected Care Recognition

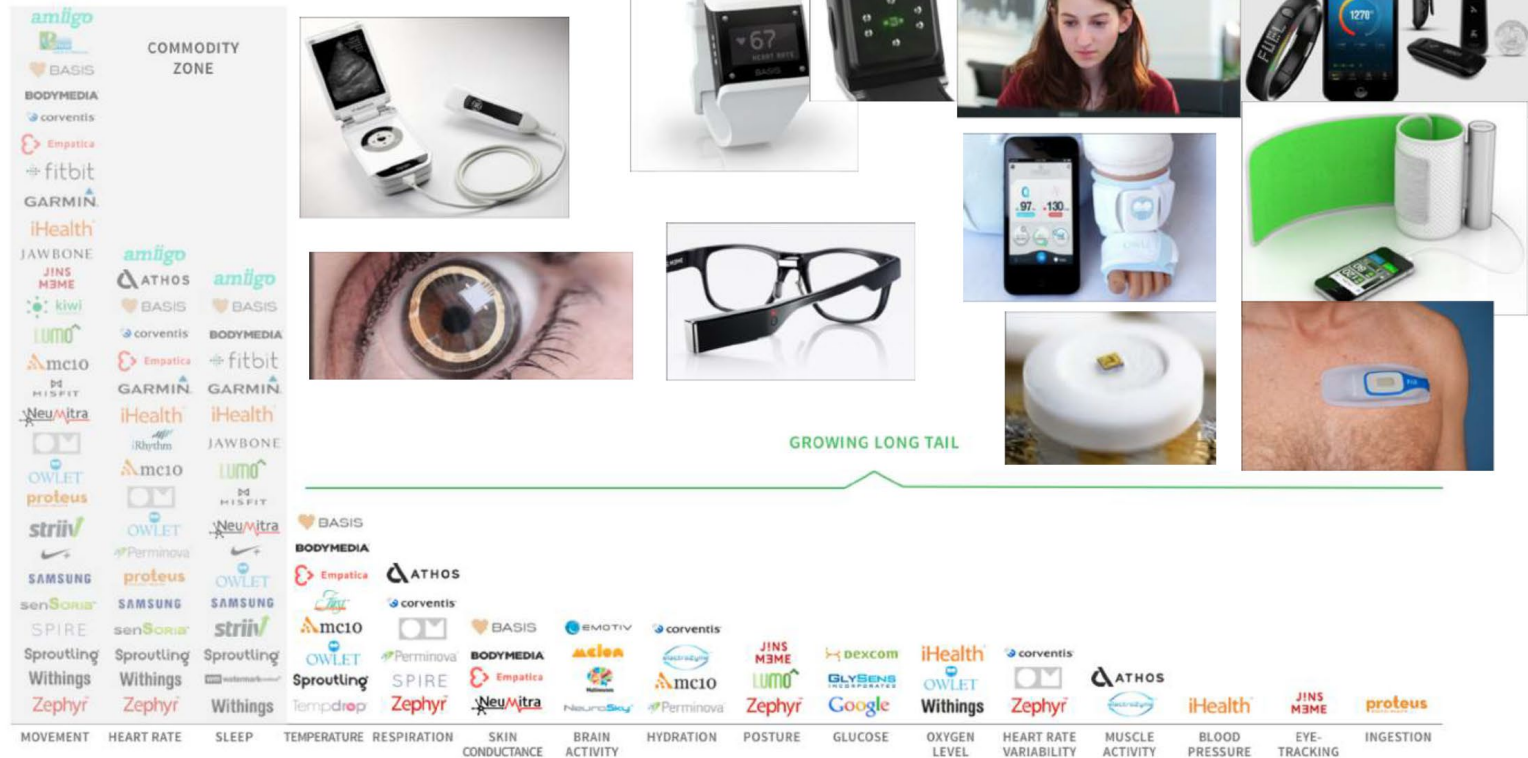


The Healthcare Internet of Things (IoT) Market Map



Connected Care

BIOSENSING WEARABLES LANDSCAPE



Source: Rock Health review of 75+ companies (companies are selected, not comprehensive)

Flavors of Telehealth

Synchronous “Live Video”

“Clinician to
Patient at Health
Facility”



“Clinician to
Patient at Non-
Health Facility”



“Clinician to
Clinician”



Asynchronous “Store and Forward”



Telemental Health Research

What does the research say about telemental health?



Same Efficacy

Literature supports efficacy of nearly all TMH/TBH services¹



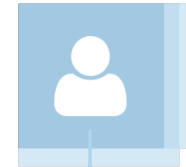
Same Methods

TMH uses same theoretical methods & techniques²



Same Services













All in-person mental health services can be delivered via video³



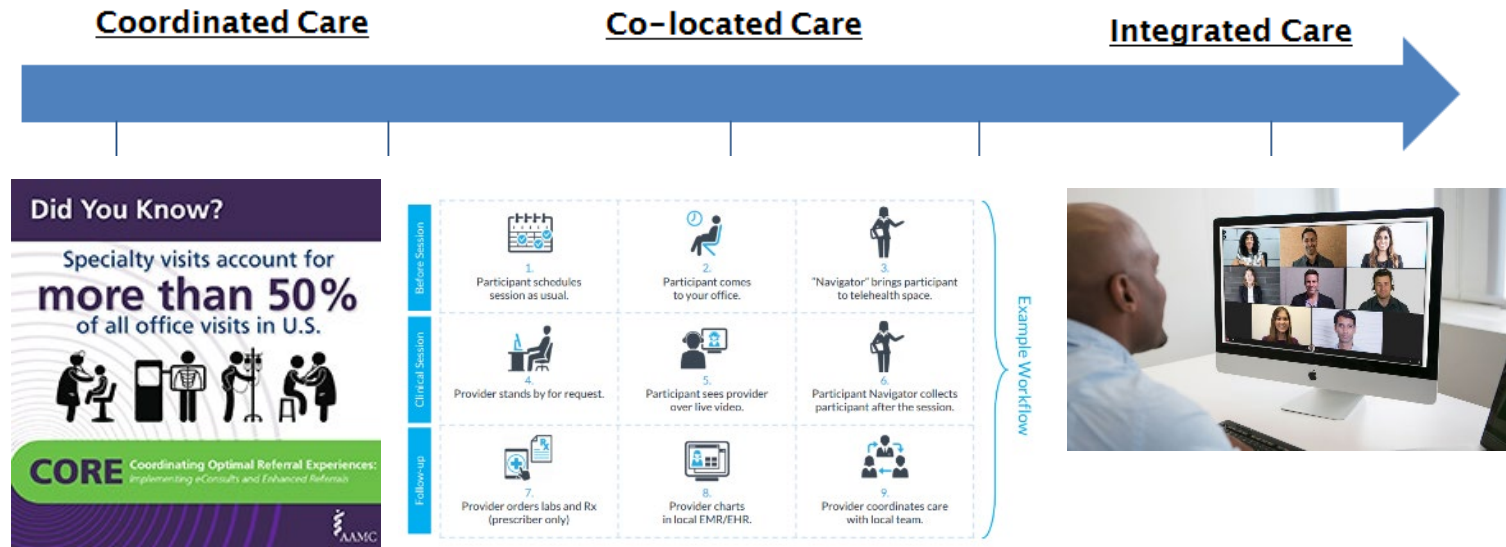
Same Patients

No
Contra-indications

Accessing The Full Continuum of Care

Type of Care	Telehealth and the Opioid Crisis
Prevention	 <p>Telemedicine For Chronic Pain Treatment</p>
Assessment	 
Treatment and Maintenance/ Recovery	   
Medication and Medication Management	  
Training/Education	 

Enabling the Full Continuum of Primary and Behavioral Health Care Integration

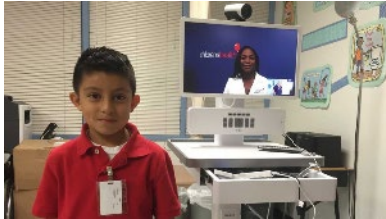


Consults, Referrals
and Exchange of
Information
Between Providers

Medical and
Behavioral
Health Services in
Same Facility

Integrated Care
Teams with one
Treatment Plan

Enabling the Full Spectrum of Settings: Care Anywhere



School



Workplace



Home



Kiosk

Enabling the Full Continuum of Technologies

Synchronous “Live Video”



Asynchronous “Store and Forward”

"Asynchronous telepsychiatry" found effective for assessing patients' mental health

(SACRAMENTO) — A new study by researchers at the UC Davis School of Medicine has found that psychiatrists can accurately assess a patient's mental health by viewing videotaped interviews that are sent to them for consultation and treatment recommendations.

The approach, called asynchronous telepsychiatry, uses store-and-forward technology, in which medical information is retrieved, stored and transmitted for later review using e-mail or Web applications. It has been used extensively for specialties like dermatology, with photos of skin conditions sent to dermatologists, or x-rays sent to radiologists for assessment.

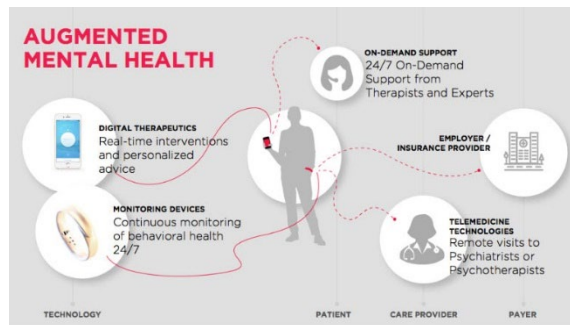
However, the current study is the first to examine store-and-forward technology for psychiatry, said Peter Yellowlees, professor of psychiatry and behavioral sciences and the study's lead author. "A Feasibility Study of the Use of Asynchronous Telepsychiatry for Psychiatric Consultations" is published in the August issue of the journal *Psychiatric Services*.

"We've demonstrated that this approach is feasible and very efficient," said Yellowlees, who is an internationally recognized expert in telepsychiatry. "Using store-and-forward technology allows us to provide opinions to primary-care doctors much more quickly than would usually be the case."

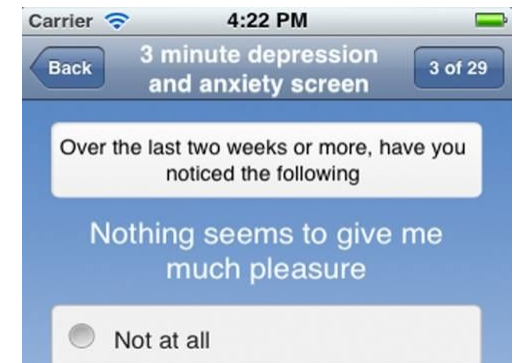
The researchers conducted the study to determine the effectiveness of asynchronous telepsychiatry for patients in Tulare County, a rural county in California's San Joaquin Valley. Sixty male and female patients between the ages of 27 and 64 who had mostly mild-to-moderate mental-health disorders were included in the study.

Enabling the Full Continuum of Technologies

Remote Monitoring



Mobile Health “mHealth”



Services



Type of service and staff will influence technology selection, workflows and regulatory requirements

Service Ideas

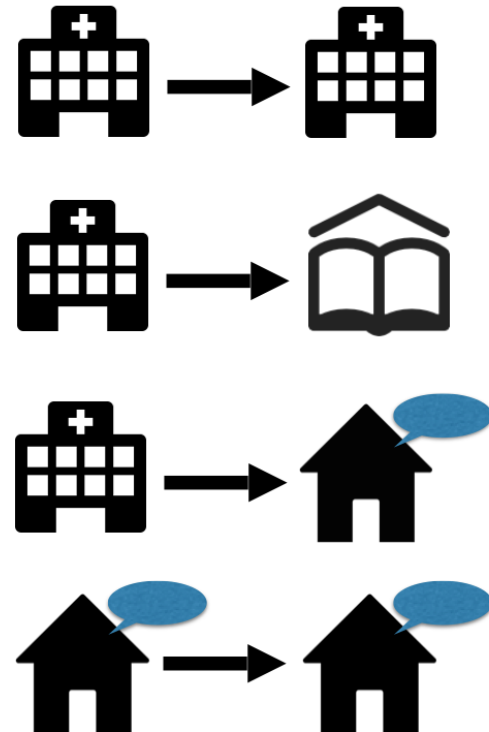
- Video Psychiatrist
 - Video Nurse Practitioner
 - Asynchronous structured interviews
- Consult -Supporting PCPs
 - Buprenorphine waiver consults
- Triage-video and/or app
- Video counseling
- Drug and Alcohol Treatment
- Relapse Prevention Groups

2018 Behavioral Health Innovation

Settings

Many Setting Options:

- Clinic to Clinic
- Clinic to School
- Clinic to Work
- Home to Home



Spectrum of Care Options



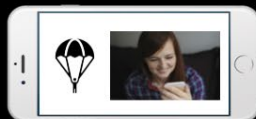
Video



Text Based



cCBT



Apps

The dashboard includes a sidebar menu with options: Dashboard, Messaging, Scheduling, Notepad, Video on Demand, Clients, Client Accounting, Referrals, Community, and Documents. The main content area shows a calendar view for Thursday, February 25th, with a table of client appointments. A table below the calendar lists client details.

LAST NAME	LAST LOGIN	STATUS	GROUPS
Client	12/09/2015 04:35 AM	Registered	-
Test	12/24/2015 08:14 AM	Yes Contacted By Client	Morning Meditation, Group 1
Barry	No activity yet	Registered	-
Milton	02/25/2016 08:45 AM	Yes Yes Active	-
Smith	03/20/2016 09:40 AM	[Choose status]	Morning Meditation, Adolescent Group

2018 Behavioral
Health
Innovation

Best Practice Examples



Training

Security and Privacy

Jurisdiction

Suitability

Best Practice Examples



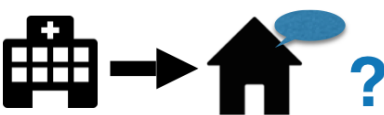
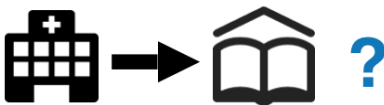
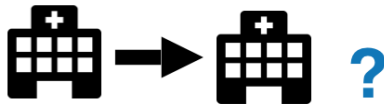
Remote Emergency Procedures

Informed Consent specific to TMH

Back up communication plans

Technology

Setting?

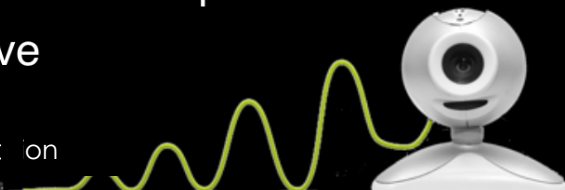


- Technology constantly improving
- Select setting and use, then choose software and technology

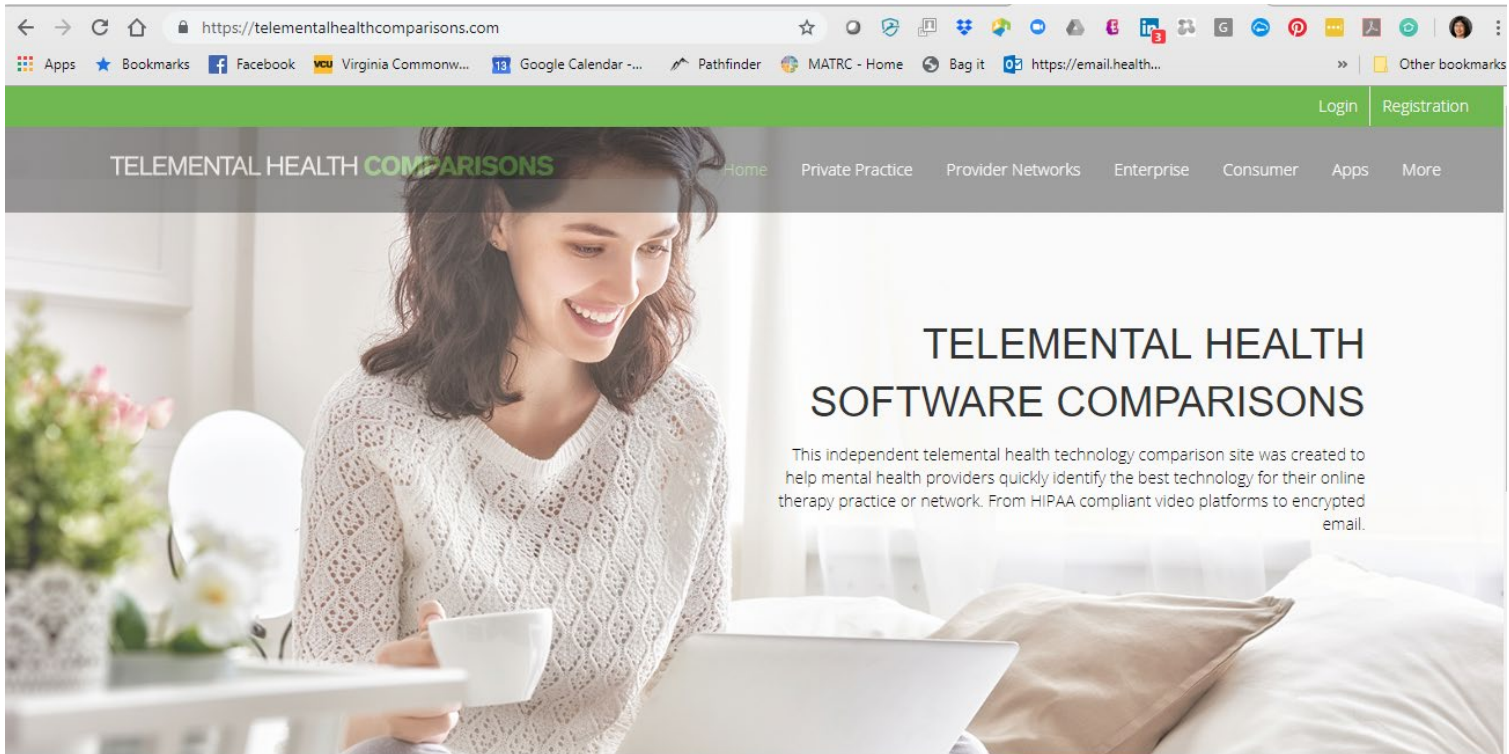
Consider

- Requirements for both ends of call
- Integrate with existing systems
- Interoperability with EMRs
- Bandwidth and hardware needed
- HIPAA security -video and workflows
- Flexibility for growth
- Affordability verses other options
- Not labor intensive

2018 Behavioral Health Innovation



Technology



CHOOSE YOUR FOCUS, THEN SEARCH BY CRITERIA BELOW



PRIVATE PRACTICE



PROVIDER NETWORKS



ENTERPRISE



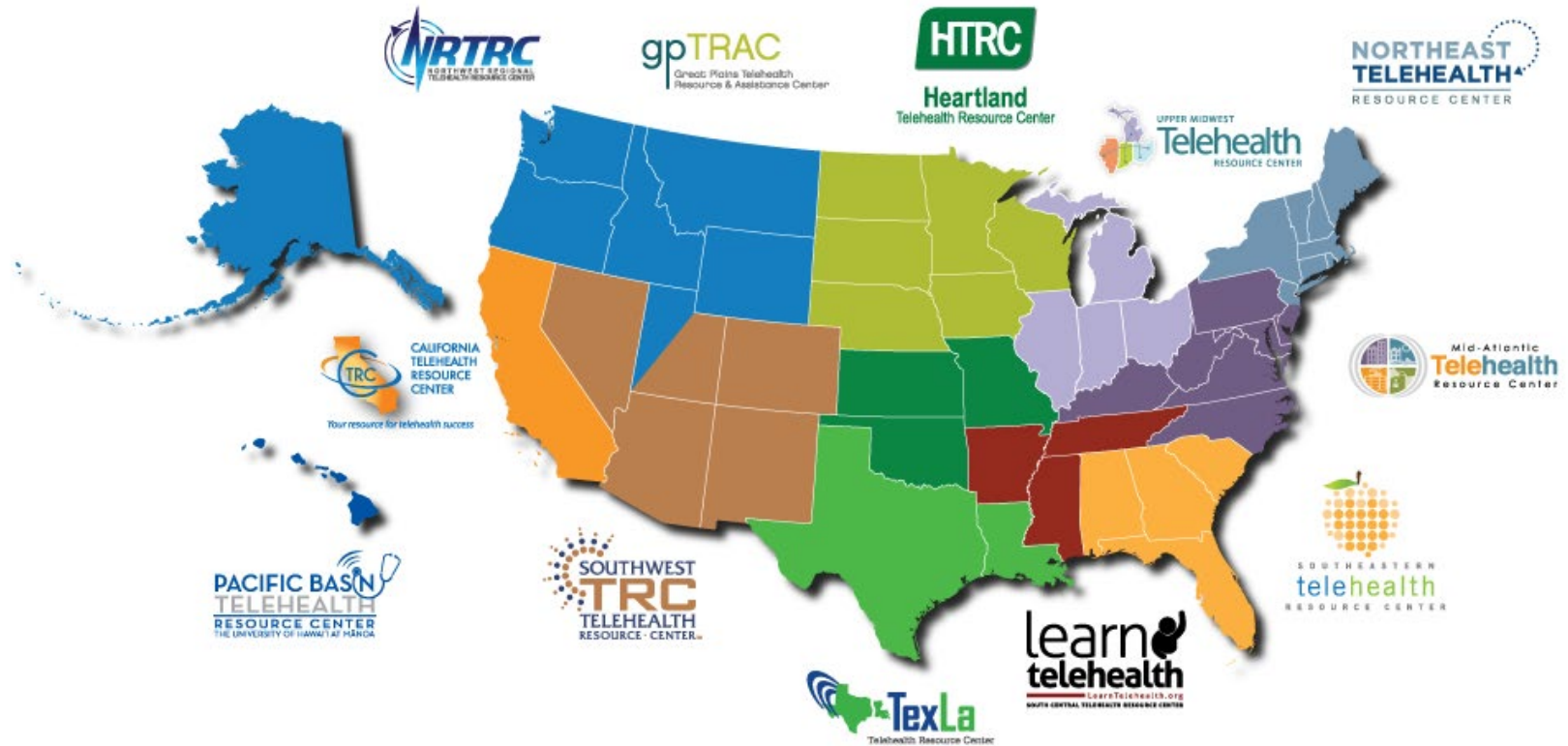
CONSUMER



TRCs are funded by the U.S. Department of Health and Human Service's Health Resources and Services Administration (HRSA) Office for the Advancement of Telehealth, which is part of the Office of Rural Health Policy.

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TelehealthResourceCenters.org



Here To Help!

Upcoming Events › Webinars

☐ Show only the first upcoming instance of recurring events

EVENTS FROM

Date

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October 2018

National TRC Webinar – Indiana University School of Medicine Project ECHO: Tele-mentoring Program for the treatment of Opioid Use Disorder

October 10 @ 11:00 am - 12:00 pm



Topic: Indiana University School of Medicine Project ECHO: Tele-mentoring Program for the treatment of Opioid Use Disorder
Hosted by: Upper Midwest Telehealth Resource Center
Presented by: Kristen Kelley Description: Project...

[Find out more »](#)

September 2018

National TRC Webinar – Behavioral Assessment and Intervention via Telehealth for Children with Autism and Related Disorders

September 20 @ 11:00 am - 12:00 pm

Telehealth service delivery allows for increase access to care and minimizing disparities in delivering behavior analytic assessment and intervention to children diagnosed with ASD and related disorders with challenging behaviors....

[Find out more »](#)

August 2018

National TRC Webinar – Mapping and Designing Telehealth Clinic Workflows

August 16 @ 11:00 am - 12:00 pm

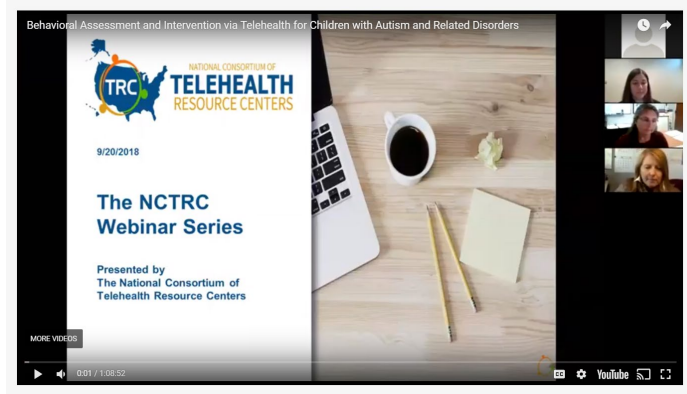
Workflow mapping can allow a team to visualize a process and identify gaps or areas for improvement. This presentation will provide an overview of how to develop workflow diagrams for...

[Find out more »](#)

July 2018

National TRC Webinar – Innovation and Impact with Speech Language Pathology Telepractice

July 19 @ 11:00 am - 12:00 pm



Here to Help!



**NATIONAL COORDINATING CENTER
TELEHEALTH
RESOURCE CENTERS**

Funding Sources for Telehealth
www.telehealthresourcecenters.org
December 2017

More than a decade, over millions of dollars in investments to support better access to quality health care for rural and other underserved areas and populations. Some of the better known sources of funding specific to telehealth and use of telehealth technologies include:

HRSA Federal Office of Rural Health Policy (ORHP)
SAMIHA Technology Assisted
<https://www.hrsa.gov/rural-health/policy>
where the grant will make a difference in technology use

TRC
NATIONAL COORDINATING CENTER
**TELEHEALTH
RESOURCE CENTERS**
Telehealth Policy Issues
www.telehealthresourcecenters.org
February 2018

Telehealth is a collection of services that use telecommunications technology to deliver care, monitor health, and support health. It is not a new technology, but a new way of using technology to deliver care. Telehealth is a collection of services that use telecommunications technology to deliver care, monitor health, and support health. It is not a new technology, but a new way of using technology to deliver care.

REIMBURSEMENT
Telehealth is covered by the Federal and Medicare program telehealth services are provided in a geographic area and are not subject to the same rules as in-person services. Medicare will only allow telehealth services if they are provided in a geographic area and are not subject to the same rules as in-person services. Medicare will only allow telehealth services if they are provided in a geographic area and are not subject to the same rules as in-person services.

LICENSING/REGULATORY BOARDS
Telehealth is covered by the Federal and Medicare program telehealth services are provided in a geographic area and are not subject to the same rules as in-person services. Medicare will only allow telehealth services if they are provided in a geographic area and are not subject to the same rules as in-person services. Medicare will only allow telehealth services if they are provided in a geographic area and are not subject to the same rules as in-person services.


TRC
NATIONAL COORDINATING CENTER
**TELEHEALTH
RESOURCE CENTERS**
Telehealth Reimbursement
www.telehealthresourcecenters.org
February 2018

Reimbursement for telehealth is unfortunately complicated, and the policy environment is in constant flux. In addition to policy, Medicare, Medicaid and many private payers offer some form of reimbursement for telehealth delivered services. However, policies vary by both state and payer.

THE BIG PICTURE
The following factors may all play a role when determining whether a service can be reimbursed if delivered using telehealth technologies:

- Who is the third party payer?
- Medicare
- Medicaid
- Private Payer
- What is the direct recipient of the telehealth service?
- The patient
- Another clinician (e.g., consult)
- Project (e.g., ED)
- Where is the patient located, otherwise known as the "originating site"?
- Geographic location
- State or local city
- Health care facility (hospital, clinic, private practice)
- Non health care facility (school, workplace, home, etc.)
- What technology or technology is being used?
- Synchronous and/or asynchronous
- Data and/or video
- Remote monitoring
- Mobile health device
- What type of service is being provided and for what purpose?
- Preventive care
- Diagnostic care
- Therapeutic care
- Consultation
- Education
- Monitoring
- Supportive care
- What type of health care provider is delivering the service?
- Medical Doctor, Nurse Practitioner, Physician Assistant, Health Care Professional, Health Care Provider, etc.

MEDICARE AND PRIVATE PAYERS
Medicare and private payers are the primary sources of reimbursement for telehealth services. Medicare and private payers are the primary sources of reimbursement for telehealth services. Medicare and private payers are the primary sources of reimbursement for telehealth services. Medicare and private payers are the primary sources of reimbursement for telehealth services.



**TELEHEALTH
RESOURCE CENTERS**

HIPAA & Telehealth

A Stepwise Guide to Compliance

Should I Be Concerned?

DOES HIPAA APPLY TO ME AND MY TELEHEALTH PRACTICE?

STEP 1
STEP 2
STEP 3
OK, NO

What are your telehealth goals?

Do You Hope To...

- Increase **Access** for Patients?
- Increase **Market** for Providers?
- Reduce **Costs**?
- Improve **Health Outcomes**?
- Improve **Patient Satisfaction**?
- Improve **Provider Satisfaction**?

Factors to Consider Regarding Licensure

Providers should refer to the guidelines of their state boards. However, these general rules apply:

- Providers must be licensed in the state where the patient is located.
- Telehealth can be a valuable tool that allows all types of healthcare providers to work to the top of their license but not beyond it.
- Multi-state licensure compacts have been created as a solution for licensing barriers, though the methods vary. The Nurse Licensure Compact offers one license that is valid in multiple states. The Interstate Medical Licensure Compact for physicians offers an expedited process to obtain a license in a compact state.

Factors to Consider Regarding Credentialing

In July of 2019, the Centers for Medicare and Medicaid Services' final rule on credentialing and privileging established a process for originating site hospitals (location of the patient) to rely on the credentialing and privileging decisions of the distant site hospital (location of the specialist) for telehealth practitioners.

Hospitals should also check their state Medical policies to ensure that they do not have additional requirements.

Need help taking the next step? We can help!

TelehealthResourceCenters.org

Telehealth Resource Centers are federally funded to provide resources and technical assistance for telehealth program development.

Find your Regional Resource Center or one of two National Centers focusing on technology assessment and telehealth policy at TelehealthResourceCenters.org.

Here to Help!

 Who is Your Regional Telehealth Resource Center?

 subscribe to alerts & news



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[CCHP Projects](#)

[What is Telehealth?](#)

[Telehealth Policy](#)

[Resources](#)



The **Center for Connected Health Policy** (CCHP) is a nonprofit, nonpartisan organization working to maximize telehealth's ability to improve health outcomes, care delivery, and cost effectiveness.

Here to Help!



Telehealth policies
for all 50 states >

About CCHP

CCHP Projects

What is Telehealth?

Telehealth Policy

Resources



National Policy

State Laws and Reimbursement Policies ▶

Medicare

Medicaid

Legal Barriers

Health Information Technology

HIPAA

The Federal Trade Commission and
Professional Licensure Boards

California Policy

Medi-Cal

Telehealth Advancement Act

Home > Telehealth Policy > National Policy > State Laws and Reimbursement Policies

State Laws and Reimbursement Policies

The Center for Connected Health Policy helps you stay informed about telehealth-related laws, regulations, and Medicaid program legislation regulations for the U.S., all fifty states

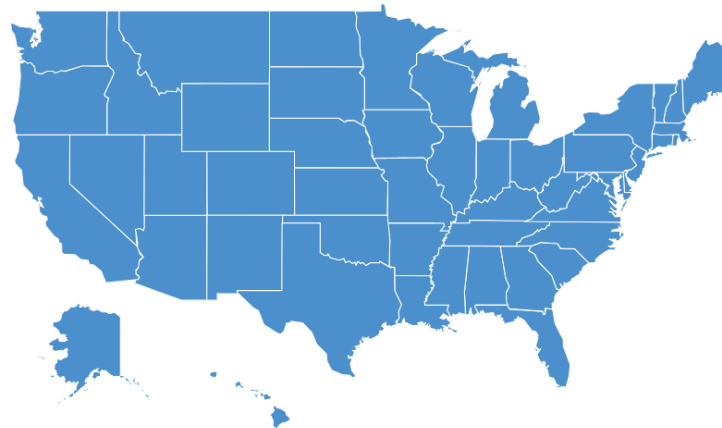


All Current Laws and Policies



All Pending Legislation
and Regulations

🔍 Law and Policies by State:



Home > Telehealth Policy > National Policy > State Laws and Reimbursement Policies > Laws and Reimbursement Policies: Advanced Search

Laws and Reimbursement Policies: Advanced Search

Filter legislation and regulations by jurisdiction, rule type, or topic. View past or pending policies by selecting a different status.

Jurisdiction	Rule type	Topic	Status
Federal	Law	Broadband	2014 Approved Leg./Reg.
Alabama	Regulation	Demonstrations & Pilot Projects	2015 Approved Leg./Reg.
Alaska	Medicaid Program	Network Adequacy	2016 Approved Leg./Reg.
Arizona		Professional Board Regulation	2017 Approved Leg./Reg.
Arkansas		Provider-Patient Relationship/In-Person Exam	2018 Approved Leg./Reg.
California		Telemedicine/Telehealth Definition	Current
Colorado		Live Video Reimbursement	Pending
Connecticut		State and Federal Reimbursement	



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LIVE TWITTER FEED

9to5mac has details on who in the house of Apple might be working on mobile health. Interesting to see their team. <http://t.co/Z337WpblDn> — 4 years 1 month ago [more](#)

The National Telehealth Technology Assessment Resource Center aims to create better-informed consumers of telehealth technology. By offering a variety of services in the area of technology assessment, the TTAC (pronounced "tea-tac") aims to become the place for answers to questions about selecting appropriate technologies for your telehealth program. [More Information >](#)

Recent Toolkits



mHealth App Selection
Keeping up with mHealth developments and industry innovations is a never-ending process. TTAC's last toolkit provided an overview of the mHealth market, with general discussion of devices, definitions, and how mHealth may benefit your organization. While that toolkit focused on mobile devices, this toolkit will look beyond the devices and explore how to choose an mHealth application (or simply "app") for use in your organization or home.



mHealth
mHealth, or 'mobile health', is a comprehensive term that encompasses the provisioning of healthcare using mobile networks and devices. In this toolkit, we break mHealth down into its component parts, and assess mHealth devices for use in telemedicine.



Mobile Blood Pressure
Blood pressure measurement is a critical vital sign measured during health care screening, acute care and for chronic conditions. Mobile blood pressure units ease home monitoring for patients and provide accurate data to the clinician. In this toolkit, we assessed four different mobile blood pressure monitors, and

Guidance Documents

Need guidance? We've got it! The national group of Telehealth Resource Centers has worked together to create a range of documents to offer clarification on key telehealth topics.



A Framework for Defining Telehealth



HIPAA and Telehealth

Featured Photos

We want you to see what we see



56... SWVA Stroke SCC-subpr...

NEW WEBSITE...
Coming soon!

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<http://matrc.org/>

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Rex Wibberly Invite

Rio Hsu Invite

See All Friends

ABOUT

We are delighted to have been established with funding from HRSA's Office for Advancement of Telehealth in September, 2011.

http://www.matrc.org/ Promote

POSTS TO PAGE

John Kornak November 21, 2014 at 3:23am

it: Congratulations to Kerry Palakakis and the Orsfield Clinic for being... See More

Unlike · Comment

Brenda Murray September 19, 2014 at 5:39pm

Great concept. It can serve many areas!

Like · Comment

43 people reached

Boost Post

Mid-Atlantic Telehealth Resource Center shared a link.

Posted by Kathy Hsu Wibberly (H) · Yesterday · Edited ·

VCU Center for Media+Health will hold its second Media+Health Symposium on the theme "Exploring Mobile and Social Media in Health Communication" and will feature scholarly and professional presentations. You can watch the presentations on... See More

Mobile Media in Health Communication

VIRTUAL CONFERENCE

Media+Health Symposium

2ND ANNUAL, FEB. 13, 2015 · VCU

Media+Health Symposium rampages.us

Join our Symposium on Feb. 13! Posted on January 28, 2015 by Marcus Messner Reply Our Center for Media+Health at Virginia Commonwealth University will hold its second Media+Health Symposium on Feb. 13 and we would like to invite you to join...

43 people reached

Boost Post

Mid-Atlantic Telehealth Resource Center shared a link.

Posted by Kathy Hsu Wibberly (H) · Yesterday ·

The purpose of this program is to establish projects for the provision of coordinated and integrated services through the co-location of primary and specialty care medical services in community-based behavioral health settings. There is a lot of room for integrating telehealth facilitated services in here. Applications are due February 27, 2015.

Primary and Behavioral Health Care Integration | SAMHSA

www.samhsa.gov

Short Title: PBH-Clinical Announcement/Request for Applications (RFA)

Information/RFA Number: SB-15-006/Posted on Grants.gov: Monday, December 22, 2014/Application Due Date: Friday, February 27, 2015/Catalog of Federal Domestic...

9 people reached

Boost Post

www.facebook.com/MATRC

katwibb @katwibb

Director, Mid-Atlantic Telehealth Resource Center

Richmond, VA

matrc.org

Joined December 2008

4 Photos and videos

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katwibb @katwibb · Feb 2

VCU Center for Media+Health will hold its second Media+Health Symposium on the theme "Exploring Mobile and Social... fb.me /2F7AieV8e

katwibb @katwibb · Feb 2

The purpose of this program is to establish projects for the provision of coordinated and integrated services... fb.me/2lkU9awhl

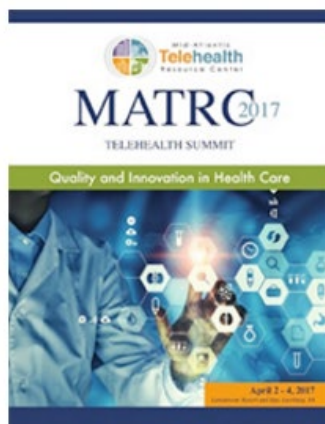


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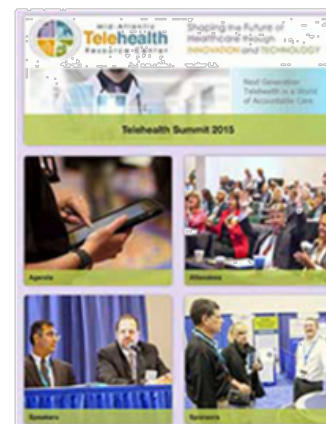
2018 Mobile App



2017 MATRC Summit app



2016 MATRC Summit app



2015 MATRC Summit app



2014 MATRC Summit app



DISRUPTIVE
TECHNOLOGIES
& **INNOVATIONS**
SHAPING THE FUTURE OF HEALTHCARE

MATRC | 2020

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April 5-7, 2020

Embassy Suites Charlotte - Concord Golf Resort & Spa

Registration Opens October 1, 2019
Discounted Early Bird Registration Ends January 11, 2020

MATRCSummit.org

2020 Star Sponsor



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[!\[\]\(9126fbb278b6412ee8b215b5e71dadba_img.jpg\)](#)
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[!\[\]\(5d28b5dfc45df270732efdd834e7eec3_img.jpg\)](#)
[!\[\]\(dab6c5df2a8bdd2becdfcbb8bc72b0e1_img.jpg\)](#)
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Header	W16/W17 Ann. v.	Our Rights v.	What's Behind It?	Why Behind It?	Real Behind It? Profiles v.	Our Resources v.	Annual Behind It? Manual
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MTRC Consultative Service Partners 2014-2015

[illegible][illegible]

Request a Speaker

Virtual Office Hours

Questions about Telehealth Basics or Telemental Health?



Join us for virtual office hours with Jay Ostrowski.

Second and Fourth Friday of each month from 12 PM - 2 PM

Video Chat: <https://adaptivetelehealth.zoom.us/j/401473325>
Or join by phone: +1 646 558 8656 (US Toll) or +1 408 638 0968 (US Toll)
Enter Meeting ID: 401 473 325

Questions about TELEHEALTH TECHNOLOGY or VENDORS?



Join us for virtual office hours with Tech Geek Mike Patterson.

First Tuesday of each month 12 PM - 1 PM

Video Chat: <https://zoom.us/j/747638437> | Room: MATRC Telehealth Technology

Vendor Selection Toolkit

Welcome

MATRC Selection Vendor Toolkit

In this toolkit we have compiled the insights of experienced telehealth experts to help you identify the steps you should undertake to select the most suitable technologies for your telehealth services!

Virtually everyone coming across the notion of telehealth immediately jumps to the conclusion that telehealth is about the technology. And this toolkit will help you to select the find the vendor that provides you with the most suitable technology.

Yet, just as you can't make bread just with flour, technology is necessary but not sufficient to telehealth. And, as we will explain **in the first step**, the selection of technology is actually one of the last things you want to do before you start offering telehealth services to your patients.

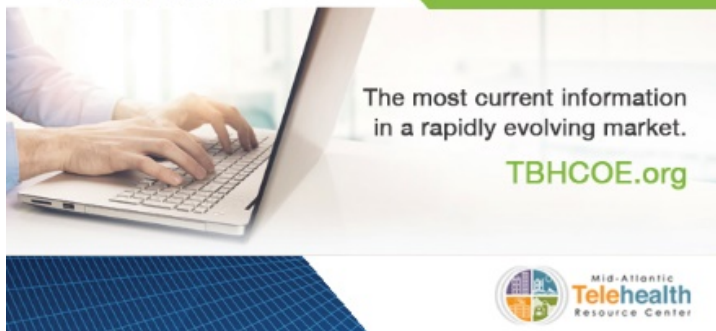
Do not contact any vendor until you've completed the ["Are you Ready to Select a Vendor?" Checklist](#).

How this Toolkit is Organized
Selecting a telehealth technology vendor comprises three steps:

- 1.Preparing for Vendor Selection
- 2.Selecting a Vendor
- 3.Engaging a Vendor



TBHCOE Telebehavioral Health Center of Excellence



The Telebehavioral Health Center of Excellence is dedicated to providing the most current, vetted, practical information for starting or enhancing Telebehavioral or Telemental health related services. These resources are intended to provide you with the most current information to help you get started. They are not comprehensive in the historical sense but represent the best of the current Telebehavioral Health resources available.

New to Telebehavioral Health? We recommend starting with the [Overview](#)

[OVERVIEW](#)
[SEARCH BY TOPIC](#)
[CHOOSE YOUR ROLE](#)
[GET STARTED](#)


Clinical Guidelines

Clinical Guidelines for Telebehavioral Health



Crossing State Lines

State Policies for Telebehavioral Health



Financial

Financial Information for Telebehavioral Health



HIPAA Security

HIPAA Compliance and Security for Telebehavioral Health



Laws/Regulations

Laws and Regulations in Telebehavioral Health



Research

NETRC Resource Library



Technology/Software

Technology and Software for Telebehavioral Health



Training

Training information for Telebehavioral Health

Clinical Guidelines for Telebehavioral Health



Clinical guidelines for Telebehavioral health can be difficult to find as there are **many terms** for the same mode of providing clinical service over HIPAA-secure technology to clients or patients.

It is important to note that Telebehavioral Health is a mode of providing mental and behavioral health services and is not a separate service in and of itself. This mode requires specific training, preparation and protocols to provide safe, effective, legal and ethical clinical services.

Telebehavioral health clinical guidelines may be found in:

- State license regulations and state guidance – Each state and each profession may be different.
- Profession-specific Code of Ethics – Each profession has their own set of guidelines and state license regulations often require adherence to these Codes of Ethics.
- Reimbursement requirements – Payors may require certain types of technology (i.e. HIPAA-secure) and only permit certain practices and locations.
- Telemedicine industry best practices for **adults** and **adolescents**.

It is also important to note that guidelines are very different for medical and non-medical services. The directory below includes many types of telebehavioral health clinical guidelines separated by profession.

Information Relevant to Clinical Guidelines:

Search: [Reset](#)

Title

[ATA Children & Adolescents Guidelines-2017](#)

[Telebehavioral Health Implementation checklist – Indian TBHCE](#)

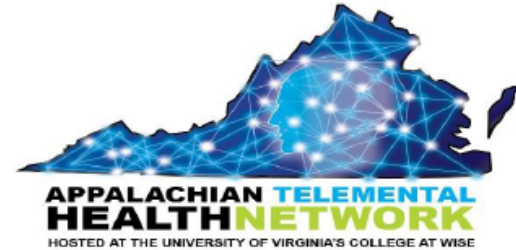
[Telehealth and the Opioid Epidemic: Protecting Safety and Promoting Health 2018](#)

[AAMFT Code of Ethics 2015](#)

[ACA Code of Ethics 2014](#)

Previous **1** 2 3 Next

APPALACHIAN TELEMENTAL HEALTH INITIATIVE – VIRGINIA PILOT



What is it?

The Joint Subcommittee to Study Mental Health Services in the Commonwealth in the Twenty-First Century was established through Senate Joint Resolution No. 47 in 2014. The Advisory Panel to the Joint Subcommittee's Work Group on Mental Health Crisis Response and Emergency Services (Work Group #3) identified increased availability of telemental health services in the emergency setting as a high priority. An Advisory Panel work group on telemental health was formed to develop specific findings and recommendations. Those recommendations became SJ 47 which passed the General Assembly in early 2018 with the purpose of advancing the innovative use of telehealth as a solution for improved mental health, behavioral health and substance abuse outcomes; and reducing barriers of time, distance, and provider scarcities for those living and working in the Appalachian Region of Virginia. This pilot includes 4 projects:

- 1) Establishing and maintaining an up to date statewide Telemental Health Provider Directory;
- 2) Establishing and incentivizing provider participation in a state of the art online Telemental Health Workforce Training program;
- 3) Development and administrative support for a Telemental Health Network Infrastructure for rural southwest Virginia that includes provider outreach and recruitment, technology, technical support, program evaluation and business development;
- 4) Continuation and expansion of Project ECHO, an evidence-based telehealth project that connects primary care providers with specialists, thereby improving patient care by providing community-based clinicians with skills, knowledge and support to treat complex mental/behavioral health issues in their own practices.

Project ECHO

(Extension for Community Healthcare Outcomes)

Moving Knowledge, Not Patients

Through technology-enabled collaborative learning, ECHO creates access to high-quality specialty care in local communities and around the world.



Hub and spoke knowledge-sharing networks create a learning loop:

- Community providers learn from specialists
- Community providers learn from each other
- Specialists learn from community providers as best practices emerge



The Karen S. Rheuban Center for Telehealth Project ECHO® offers ongoing knowledge networks using the Zoom® multi-point videoconferencing technology platform to link primary care providers at numerous locations around the state with a team of expert inter-disciplinary specialists at UVA to support mentoring, patient care and knowledge-sharing.

Current UVA Project ECHO programs

Session	Time and Connection
Psychiatry: Neonatal Abstinence Syndrome (NAS)	First and third Wednesdays of each month, 12 p.m. - 1 p.m. https://zoom.us/j/181312866
Psychiatry: Opioid Use Disorder (OUD)	Second Wednesday of each month, 12 p.m. - 1 p.m. https://zoom.us/j/181312866
Psychiatry: Behavioral Health	Fourth Wednesday of each month, 12 p.m. - 1 p.m. https://zoom.us/j/181312866

Upcoming UVA Project ECHO programs

- Pulmonology
- Intestinal Failure
- Neurology
- Autism Spectrum Disorder

If you are interested in participating or finding out more about the current interactive weekly webinars and future offerings, please send an email to projectecho@virginia.edu so you can be added to the UVA Project ECHO mailing list. **We look forward to connecting with you!**

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Virginia Initiatives




Course Catalog



Foundations of Telehealth

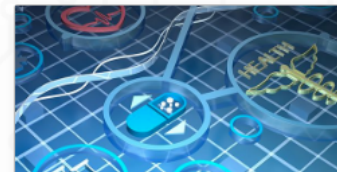
The Foundations in Telehealth course is designed to provide a comprehensive overview of current technologies and care delivery models and an introduction to the public policies that inform telehealth practice.

[Course Info](#)

 CME/CE credits available

\$95


[Add to Cart](#)



Tele-behavioral Care

This course provides a broad introduction to the issues, policies, and technologies involved in tele-behavioral or tele-mental healthcare.

[Course Info](#)

 CME/CE credits available


Coming Soon!



Tele-stroke Care

Tele-stroke is an approach to strokes that provides board certified neurologists the ability to perform immediate, real-time, and/or remote diagnosis and treatment to a stroke victim using telehealth technology.

[Course Info](#)

 CME/CE credits available

Coming Soon!

<https://www.telehealthvillage.com/>

Virginia Initiatives



[About](#) [Certificates and Credentials](#) [Login](#) [Contact](#)

The Southside Telehealth Training Academy and Resource Center (STAR) is a premier training program for health care providers seeking to use advanced telemedicine and telehealth systems to improve access to quality healthcare for rural and medically underserved populations.

Home ▶ Modules

Modules

Click on the name of the course for more information.

For more information or to explore potential student scholarships or group discounted tuition, please contact John Maxwell
Email: jmaxwell@newcollegeinstitute.org | Phone: (276) 403-5609

Board Certified-TeleMental Health Provider (BC-TMH)

- Individual Module \$50
- 9 modules - a 15% discount during one transaction: \$382.50 (\$42.50 per module)

STAR Telehealth is providing these courses in collaboration with the Center for Credentialing and Education

Video-based telemental health is a rapidly growing field spanning multiple mental health disciplines. Today's mental health professionals seek the best practices and credibility to offer safe and effective services to their clients. The Board Certified-Telemental Health Provider (BC-TMH) credential is designed to meet this need. The BC-TMH gives mental health providers the training, knowledge, and credibility that clients and employers demand.

(Step 1): If you have not done so already, please create a CCE profile by clicking here: <https://learn.cce-global.org/login/index.php>

(Step 2): Click on the module(s) of interest using the links below to register.

Links to TeleMental Health Modules:

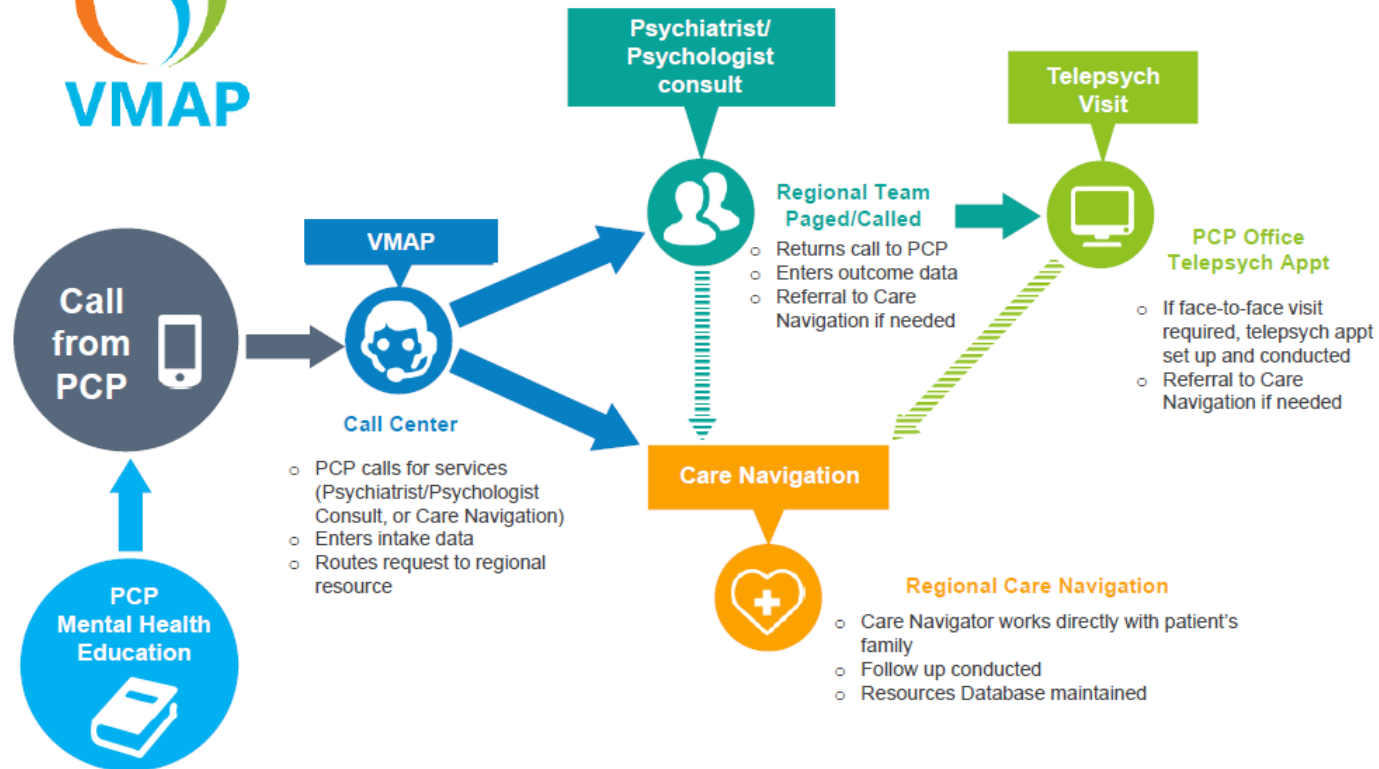
1. Introduction to Telemental Health
2. Presentation skills for Telemental Health
3. HIPAA Compliance for Telemental Health
4. Choosing and Using Telemental Health Technology
5. Best Practices for Telemental Health
6. Settings and Care
7. Orienting Clients/Patients to Telemental Health
8. Crisis Planning and Protocols for Telemental Health
9. Direct to Consumer Telemental Health

<http://www.startelehealth.org/modules>

Virginia Initiatives



How Does VMAP Work?



Virginia Regions

Northern (CNMC/Inova), Central (VCU/VTCC), Eastern (CHKD), Western (UVA/Centra), Southwestern (Carilion)

<https://www.vmapforkids.org/>



NEW WEBSITE...
Coming soon!

<http://ehealthvirginia.org/>



<http://events.r20.constantcontact.com/register/event?llr=plftme4ab&oeidk=a07eghi6r1zac73f98a>

For More Information:



Kathy Hsu Wibberly, PhD

Director, Mid-Atlantic Telehealth Resource Center

UVA Center for Telehealth

Email: Kathy.Wibberly@virginia.edu

Phone: 434.906.4960



Follow @katwibb

my **Linked in** profile

www.facebook.com/MATRC

www.MATRC.org



Mid-Atlantic
Telehealth
Resource Center