

Mental Health in Pediatric Primary Care
A Continuing Medical Education Imperative

The Virginia Mental Health Access Program proudly presents The REACH Institute's Patient-Centered Mental Health in Pediatric Primary Care (PPP)

This innovative program increases clinicians' comfort with assessing, diagnosing, and treating pediatric mental health concerns. Participants can earn AMA PRA Category 1 Credits by completing the mini-fellowship components, with MOC 4 Credits available:

- A dynamic three-day, 16-hour interactive course focused on building skills and confidence in diagnosing and treating pediatric behavioral health problems led by Virginia faculty.
- A six-month, case-based online program. Participants join 12 bi-monthly, 1 hour group conference calls with Virginia primary care providers and child psychiatry experts to learn how to manage pediatric mental health issues encountered in daily practice.
- All participants will receive custom-designed toolkits with guides, assessment instruments, dosing and side effect charts, medication comparison tables, and handouts for patients and parents.

## **Course Goals**

In order to effectively use medications for pediatric behavioral health problems, participants learn to:

- Correctly identify and differentiate among pediatric behavioral health problems such as childhood depression, ADHD, bipolar disorder, anxiety states (including PTSD), oppositional and conduct disorders, and psychosis.
- Effectively manage psychopharmacology: selecting medications, initiating and tapering dosages, monitoring improvements, and identifying and minimizing medication side effects.
- Create and implement a treatment plan by mobilizing existing resources like family members, school personnel, and other professional caregivers.

## **UPCOMING TRAININGS:**

- August 25-27 (VIRTUAL)
- September 22-24 (IN-PERSON, Roanoke)
- November 10-12 (VIRTUAL)



Earn up to **28.25 CME** & **25 ABP MOC 4** 

\$100 Registration Fee

Learn More & Register! www.VMAP.org/REACH

VMAP offers this training program developed by The REACH Institute (www.TheREACHInstitue.org), adapted for Virginia primary care providers.

\*VCU Health Continuing Education designates this live activity for a maximum of 28.25 AMA PRA Category 1 Credits. Successful completion enables the participant to earn 28.25 MOC points in the American Board of Pediatrics (ABP) Maintenance of Certification (MOC) Program.

Successful completion of Call Group project enables the participant to earn 25 MOC 4 points in the American Board of pediatrics (ABP) Maintenance of Certification (MOC) Program.



Virginia Chapter

INCORPORATED IN VIRGINIA

American Academy of Pediatrics



