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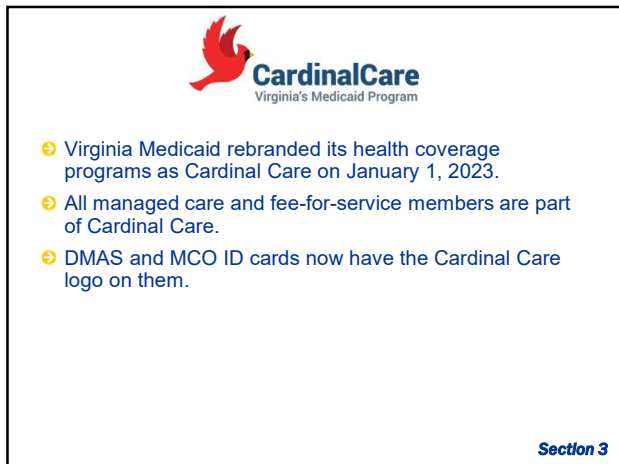
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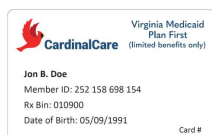
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## Benefits Delivery: Plan First

- Plan First enrollees receive a Plan First ID Card to show when they receive services.
- Plan First recipients are **not enrolled** in an MCO.
- Get services via local Health Department Family Planning Clinic or FQHC.



Section 3, Part V

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## Covered Services

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## Adult Benefits: MedEx, LIFC, FFC

- Preventive services (including wellness exams, immunizations, and smoking cessation)
- Doctor, hospital and emergency services
- Comprehensive dental benefits
- Behavioral health services, including addiction and recovery treatment services (ARTS)
- Prescription drugs, labs, and X-ray services
- Home health services, medical equipment, and supplies
- Rehabilitative services (PT, OT, speech)
- Family planning, maternity, and newborn care
- Long-term services and supports (LTSS), nursing home and community-based care
- Non-emergency transportation
- COVID-19 testing and treatment
- More!

Section 3, Part I  
LTSS: Section 5

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## Benefits for MPW, FAMIS MOMS & FAMIS Prenatal Members

- ☛ Doctor/Clinic Visits
- ☛ Hospitalizations
- ☛ Prescription Drugs
- ☛ Dental Care
- ☛ Vision Care
- ☛ Mental Health Services
- ☛ Substance Abuse Services (ARTS)
- ☛ Tobacco Cessation Services
- ☛ Breast pumps and lactation consultant services
- ☛ Non-Emergency Transportation
- ☛ Doula services

***If under 21:***  
*EPSDT benefits, eyeglasses/contacts and braces also covered*

***If over 21:***  
*No coverage for eyeglasses/contacts\* or braces*

\*Unless these benefits are offered as a "value add" benefit of the MCO

**Section 3, Part IV**

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## Children's Benefits: FAMIS & FAMIS Plus

- ☛ Doctor/Clinic Visits
- ☛ Hospitalizations
- ☛ Prescription Drugs
- ☛ Vision Care, including eyeglasses and contacts
- ☛ Dental Care, including medically-necessary orthodontia
- ☛ Mental Health Services
- ☛ Substance Abuse Services (ARTS)
- ☛ School-Based Services (OT, speech)
- ☛ Well-Child Checkups (EPSDT\*\* in FAMIS Plus), and other preventive care (including immunizations)
- ☛ Non-Emergency Transportation\*\*

\*\* Not covered for FAMIS enrollees after they are enrolled in managed care.

**Section 3, Parts II and II**

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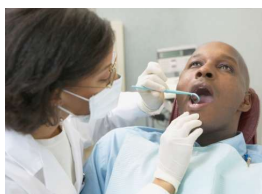
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## Adult Dental Benefits

The services focus on prevention and restoration and include the following:

- ☛ Diagnostic (x-rays, exams)
- ☛ Preventive (cleanings)
- ☛ Restorative (fillings)
- ☛ Endodontics (root canals)
- ☛ Periodontics (gum related treatment)
- ☛ Prosthodontics (dentures)
- ☛ Oral surgery (extractions and other oral surgeries)
- ☛ Adjunctive general services (all covered services that do not fall into specific dental categories.)



*Note: Braces and bridges are not covered.*

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## Dental Benefits

**CardinalCare Smiles**  
Improving Dental Care in Virginia for Children and Adults

- ☛ Virginians enrolled in Medicaid/FAMIS receive dental services via the **CardinalCare Smiles** program\*, administered by **DentaQuest** [www.dentaquest.com](http://www.dentaquest.com)
  - New App downloadable from website
- ☛ Central Call Center: (888) 912-3456
  - Monday - Friday from 8am – 6pm
  - Clients may call to:
    - Verify eligibility and benefits
    - Access lists of dental providers
    - Get help **finding a dentist and making an appointment**
    - Report problems

\*formerly known as Smiles For Children

**Section 3**

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## Benefits: Plan First

- ☛ Family planning education and birth control counseling
- ☛ Yearly family planning exam
- ☛ Pap tests and sexually-transmitted infection (STI) testing
- ☛ Lab services for family planning and STI testing
- ☛ Sterilization procedures (tubal ligation or implants for women and vasectomies for men)
- ☛ Prescription contraceptives and over-the-counter contraceptives (with doctor's order)
- ☛ Non-emergency transportation to covered family planning services visit or to pick up a prescription for birth control

**Section 3, Part V**

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## Key Change to Cost of Services


**Virginia Medicaid is taking action to fight COVID-19**




No co-pays for any Medicaid or FAMIS covered services




Outreach to higher risk and older members to review critical needs




Encouraging use of telehealth



90 day supply of many routine prescriptions



Ensuring members do not lose coverage due to lapses in paperwork

Medicaid covers all COVID-19 testing, treatment and vaccines. 

*Virginia made these change permanent! **There are no longer co-pays for Medicaid or FAMIS members!***

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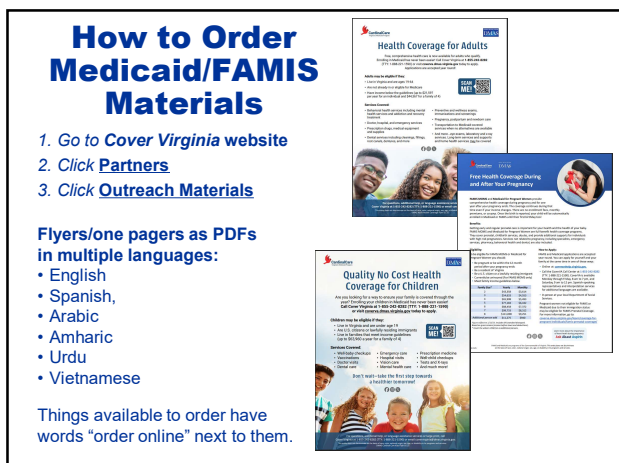
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## How to Download Member Handbooks

1. Go to [Cover Virginia](#) website
2. Click [Members](#)
3. Click [Member Handbooks](#)

Items available to print (in English or Spanish):

- Medicaid Member Handbook
- FAMIS Member Handbook
- FAMIS MOMS Member Handbook
- And more!




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## SignUpNow Resources

- 🔗 **Tool Kit** – hardcopy and online, updates indicated by (date)
- 🔗 **Online, on-demand training modules**
  - Today's curriculum divided into 20-30 minute sessions
  - Good for refresher or if have new employees, includes a post-test at end of each module
- 🔗 **SignUpNow Outreach** – Quarterly eNewsletter
  - Program updates, tips, helpful information
- 🔗 **Technical Assistance** –  
(804) 828-6062 or [signupnow@vhcf.org](mailto:signupnow@vhcf.org)

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## Thank You to Our Sponsor

- 🔗 Today's training is sponsored by:

**Virginia Department of  
Medical Assistance Services (DMAS)**




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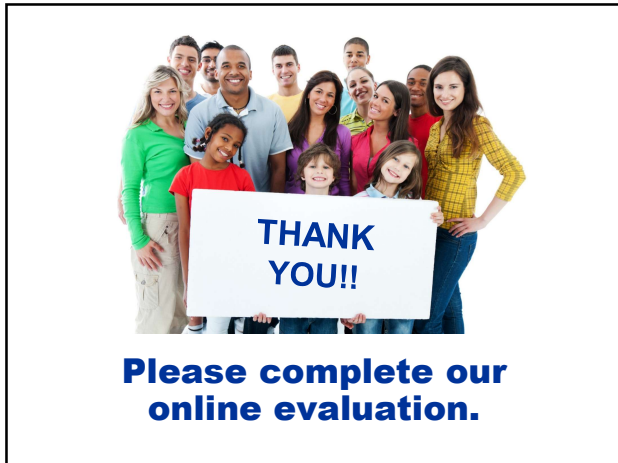
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